

A Christ-Centered Guide to the 28 Adventist Beliefs

What if the 28 beliefs are not a wall of hard words, but one rescue story with Jesus at the center?

Bible Study

This Lily and Schammy Ministry article is a clear, Bible-based guide to the Seventh-day Adventist 28 Fundamental Beliefs. These beliefs are not meant to replace the Bible. The official Adventist statement says Adventists accept the Bible as their only creed and understand these beliefs as a faithful summary of Bible teaching.

The easiest way to understand the 28 beliefs is to see one big story: God made us, sin broke us, Jesus came to save us, the Holy Spirit changes us, the church serves the world, and God will make everything new.

Ellen G. White's writings consistently point readers back to Jesus and Scripture. In that spirit, this guide uses the beliefs as windows, not walls. Every window should help someone see God the Father, Jesus Christ, and the Holy Spirit more clearly.

This content is educational and devotional. It is not a substitute for personal Bible study, pastoral counsel, or qualified professional advice where health, legal, financial, or mental-health questions are involved.

Recommended playlist

https://www.youtube.com/watch?v=YXmKj2at9sk&list=PL4KiNI2w0fznImQp-4cyd_1ModR7hp8XR&pp=sAgC

The 28 beliefs at a glance

1. Holy Scriptures: The Bible is God's trustworthy written Word and the final test of teaching. (2 Timothy 3:16-17; Psalm 119:105)
2. Trinity: One God exists eternally as Father, Son, and Holy Spirit. (Matthew 28:19; 2 Corinthians 13:14)
3. The Father: The Father is Creator, Sustainer, holy, merciful, and revealed through Jesus. (John 3:16; Ephesians 4:6)
4. The Son: Jesus is fully God and fully human, our Savior, Lord, and coming King. (John 1:1-14; Hebrews 4:14-16)
5. The Holy Spirit: The Spirit guides, convicts, comforts, transforms, and gives spiritual gifts. (John 16:13; Acts 1:8)
6. Creation: God created life and gives humans identity, dignity, worship, and rest.

(Genesis 1:1; Exodus 20:8-11)

7. The Nature of Humanity: Humans are made in God's image, fallen through sin, and dependent on God for life. (Genesis 1:26-27; Romans 3:23)

8. The Great Controversy: The world is in a conflict between Christ and Satan, but Jesus wins. (Revelation 12:7-12; Ephesians 6:12)

9. Life, Death, and Resurrection of Christ: Jesus lived, died, and rose to reconcile us to God. (1 Corinthians 15:3-4; Romans 5:8-10)

10. The Experience of Salvation: Salvation is God's gift, received by faith, leading to a new life. (Ephesians 2:8-10; John 3:3-8)

11. Growing in Christ: Jesus frees us from evil powers and grows us in prayer, truth, and love. (Colossians 1:13-14; 2 Peter 3:18)

12. The Church: The church is Christ's body, called to worship, learn, serve, and witness. (Ephesians 4:11-16; Acts 2:42-47)

13. The Remnant and Its Mission: God calls a people to lift up Jesus, Scripture, commandment-keeping faith, and the everlasting gospel. (Revelation 14:6-12; Revelation 12:17)

14. Unity in the Body of Christ: In Christ, people of every nation, age, and background become one family. (Galatians 3:28; John 17:20-23)

15. Baptism: Baptism shows faith in Jesus, death to the old life, and a new beginning. (Romans 6:3-4; Matthew 28:19)

16. The Lord's Supper: Communion remembers Jesus' sacrifice and calls us to humility and unity. (1 Corinthians 11:23-26; John 13:1-17)

17. Spiritual Gifts and Ministries: The Spirit gives gifts so every believer can serve. (1 Corinthians 12:4-11; Romans 12:4-8)

18. The Gift of Prophecy: God gives prophetic guidance, and Adventists recognize Ellen G. White's ministry as a Spirit-given witness tested by Scripture. (Joel 2:28-29; 1 Thessalonians 5:19-21)

19. The Law of God: God's law reveals His character and shows love for God and neighbor. (Exodus 20:1-17; John 14:15)

20. The Sabbath: The seventh-day Sabbath is God's gift of worship, rest, creation, and redemption. (Genesis 2:1-3; Mark 2:27-28)

21. Stewardship: Everything belongs to God, so we manage time, body, gifts, money, and earth for Him. (Psalm 24:1; 1 Peter 4:10)

22. Christian Behavior: Grace changes how we think, speak, eat, work, rest, and love. (Romans 12:1-2; 1 Corinthians 10:31)

23. Marriage and the Family: God designed family love to reflect covenant faithfulness, nurture, and forgiveness. (Genesis 2:24; Ephesians 5:25)

24. Christ's Ministry in the Heavenly Sanctuary: Jesus ministers for us as High Priest and prepares the final restoration of justice. (Hebrews 8:1-2; Hebrews 4:14-16)

25. The Second Coming of Christ: Jesus will return visibly and gloriously to rescue His people. (John 14:1-3; Acts 1:11)

26. Death and Resurrection: Death is sleep until Jesus raises the saved at His coming. (1 Thessalonians 4:13-18; John 11:11-25)

27. The Millennium and the End of Sin: God will bring evil, Satan, and sin to a final end. (Revelation 20; Nahum 1:9)

28. The New Earth: God will make a new earth where love, worship, joy, and life never end.

(Revelation 21:1-5; Isaiah 65:17)

Article

Imagine finding 28 windows in a long hallway. At first, the number may feel large. But when light comes through each window, you begin to notice something beautiful: every window is helping you see the same Savior from a different angle. That is how Lily and Schammy Ministry wants readers to approach the 28 Adventist beliefs.

The first window is Scripture. The Bible is not a decoration for faith; it is the lamp that keeps our steps from disappearing into darkness. When life becomes loud, Scripture gives us a steady voice. It teaches us who God is, who we are, why the world is broken, and how Jesus saves.

The next windows show us God. The Father is not distant. Jesus is not merely a good teacher. The Holy Spirit is not an impersonal force. The Bible reveals one God: Father, Son, and Holy Spirit. The Father loves, the Son saves, and the Spirit guides people into truth.

Then the story turns toward creation and humanity. You are not an accident. You are made in the image of God. Sin damaged that image, but it did not erase God's love. The Great Controversy explains why the world can be full of beauty and pain at the same time. There is a real conflict between Christ and Satan, truth and lies, love and selfishness.

The center of the whole article is Jesus. His life, death, and resurrection are not one doctrine among many. They are the heart of the whole rescue story. Salvation is a gift of grace received by faith. Growing in Christ means Jesus forgives our past, heals our present, and teaches us to walk with Him.

The church enters the story as a mission family. The church is not a museum for perfect people. It is the body of Christ, called to worship, learn, serve, and witness. Baptism, communion, spiritual gifts, unity, mission, and prophecy all make sense only when they point people back to Jesus and the Bible.

The beliefs also touch daily life. God's law shows His character of love. The Sabbath is a weekly gift of worship, rest, creation, and redemption. Stewardship, Christian behavior, marriage, and family remind us that Jesus cares about ordinary choices: our time, words, body, money, relationships, rest, and service.

The final beliefs lift our eyes toward hope. Jesus ministers for us now as our High Priest. He will return visibly and gloriously. Death will not have the last word. Evil will end. God will make a new earth where love, worship, joy, and life never end.

So the 28 beliefs are not a cage. They are a Bible-shaped map. They point to the Father who loves us, Jesus Christ who saves us, and the Holy Spirit who changes us. If one belief feels confusing, do not run away. Open the Bible, ask honest questions, watch the playlist, and seek a Bible-based community.

Your next step is simple: choose one belief today. Read its Bible verses. Ask,

What does this show me about Jesus? Then take one loving step before the day ends. If you want to know more about Jesus, study the Bible, or learn more about this topic, contact Lily and Schammy Ministry at jali201225@gmail.com, leave a comment, or send a direct message.

Practical Steps

- Lily and Schammy Ministry invites you to read the 28 beliefs as one story: God creates, Jesus saves, the Spirit changes, the church serves, and God restores.
- Choose one belief today and read the listed Bible verses.
- Ask: What does this belief show me about the Father, Jesus, or the Holy Spirit?
- Watch the Lily & Schammy 28 Beliefs playlist and write one question for Bible study.
- Contact jali201225@gmail.com if you want to know more about Jesus, study the Bible, or learn more about this topic.
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Age-Adapted Handouts

Kids

- Lily and Schammy Ministry Kids Handout: The 28 beliefs are like 28 windows that help us see how much Jesus loves us.
- Big idea: God made me, Jesus saves me, the Holy Spirit helps me, and God will make everything new.
- Read with an adult: Psalm 119:105, Mark 10:14, and Revelation 21:4.
- Activity 1: Draw 28 little windows. In the biggest window write: Jesus loves me and saves me.
- Activity 2: Pick one belief and draw one picture that shows what it teaches about God.
- Kindness mission: Do one quiet act of kindness today and say, Jesus, help me love like You.
- Memory verse: Psalm 119:105.
- Prayer: Jesus, help me understand Your truth, love You, and follow You today.
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Teens

- Lily and Schammy Ministry Teen Handout: The 28 beliefs are not random facts. They help you test pressure, identity, fear, choices, and hope through Scripture.
- Big idea: Jesus is strong enough for your real questions, not only your church answers.
- Read: Psalm 139:23-24, John 16:13, Ephesians 2:8-10, and Revelation 14:6-12.
- Pressure check: Write one pressure you feel this week. Which belief speaks to it: identity, salvation, Sabbath rest, family, death, future hope, or mission?

- Truth filter: Ask, Does this belief point me to Jesus, truth, love, and courage?
- Challenge: Before one hard choice this week, read one Bible verse from the belief guide and pray before reacting.
- Group prompt: Which belief would help a friend who feels lost, ashamed, anxious, or spiritually confused?
- Action step: Send one safe message to a trusted person: I am trying to follow Jesus honestly. Can you pray with me?
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Young adults

- Lily and Schammy Ministry Young Adult Handout: The 28 beliefs help you connect faith with decisions about calling, relationships, money, time, body, rest, purpose, and future hope.
- Big idea: Doctrine becomes life-giving when it brings your real decisions under the lordship of Jesus Christ.
- Read: Proverbs 3:5-6, John 15:4-5, Romans 12:1-2, and 1 Corinthians 10:31.
- Decision map: Choose one current decision. Ask how Scripture, Sabbath, stewardship, Christian behavior, mission, and hope should shape it.
- Habit audit: Name one habit that is forming you toward Christ and one habit that is pulling you away from Him.
- Sabbath practice: Take one offline hour for Scripture, prayer, a walk, and honest life review.
- Relationship prompt: What would change if Jesus was the center of how I date, forgive, speak, spend, work, and rest?
- Next step: Watch one video from the playlist and write one question you would ask in a Bible study.
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Adults

- Lily and Schammy Ministry Adult Handout: The 28 beliefs can become a simple home, small-group, or church study path rooted in Scripture, prayer, Sabbath rest, service, and mission.
- Big idea: A Bible belief is not fully understood until it shapes worship, character, family, service, and hope.
- Read: Deuteronomy 6:6-7, Joshua 24:15, Acts 2:42-47, and John 14:1-3.
- Family worship plan: Choose one belief, one passage, one question, and one prayer for a three-minute family worship.
- Home rhythm: Build one weekly rhythm around Scripture, Sabbath, service, and mission.
- Reflection: Which belief does our family, small group, or ministry need to live more clearly this month?
- Invitation step: Invite one person to watch the playlist and study one Bible passage with you.

- Community step: Use the Adventist church directory link in the sources to help someone find a Bible-based community near them.
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Sources

Official Seventh-day Adventist Beliefs: <https://www.adventist.org/beliefs/>

28 Fundamental Beliefs PDF: https://szu.adventist.org/wp-content/uploads/2016/04/28_Beliefs.pdf

Ellen G. White Writings: <https://egwwritings.org/>

Ellen G. White Estate: <https://whiteestate.org/>

Find an Adventist church: <https://www.adventistdirectory.org/>

Lily & Schammy 28 Beliefs Playlist:

https://www.youtube.com/watch?v=YXmKj2at9sk&list=PL4KiNI2w0fznlmQp-4cyd_1ModR7hp8XR&pp=sAgC

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